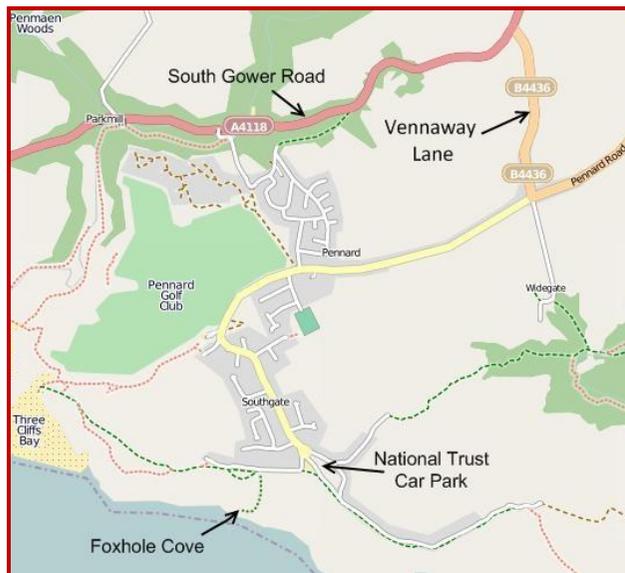


## FOXHOLE COVE, SOUTHGATE, GOWER

### INTRODUCTION

Foxhole is an impressive, steep crag home to some of Gower's best sports routes. The cove has recently seen the attention of some local activists, supported by the South Wales Bolt Fund. If you're a seasoned Foxhole climber and know the routes off by heart, think of this topo sale as a thank you to the fund. Your money will get put to good use.



### LOCATION (NGR 551872)

If coming onto the Gower via the south Gower road, continue along this until you see signs for Pennard and take Vennaway lane on the left. Continue until you reach the junction at the end of the road and turn right. Follow this road through Pennard until you enter Southgate, passing the Golf club. Parking is available in the National Trust car park the other side of the roundabout with a fee of around £3.50. Alternatively get a National Trust membership and park for free, the attendant really embraces this.

[WWW.SOUTHWALESBOLTFUND.CO.UK](http://WWW.SOUTHWALESBOLTFUND.CO.UK)

### APPROACH

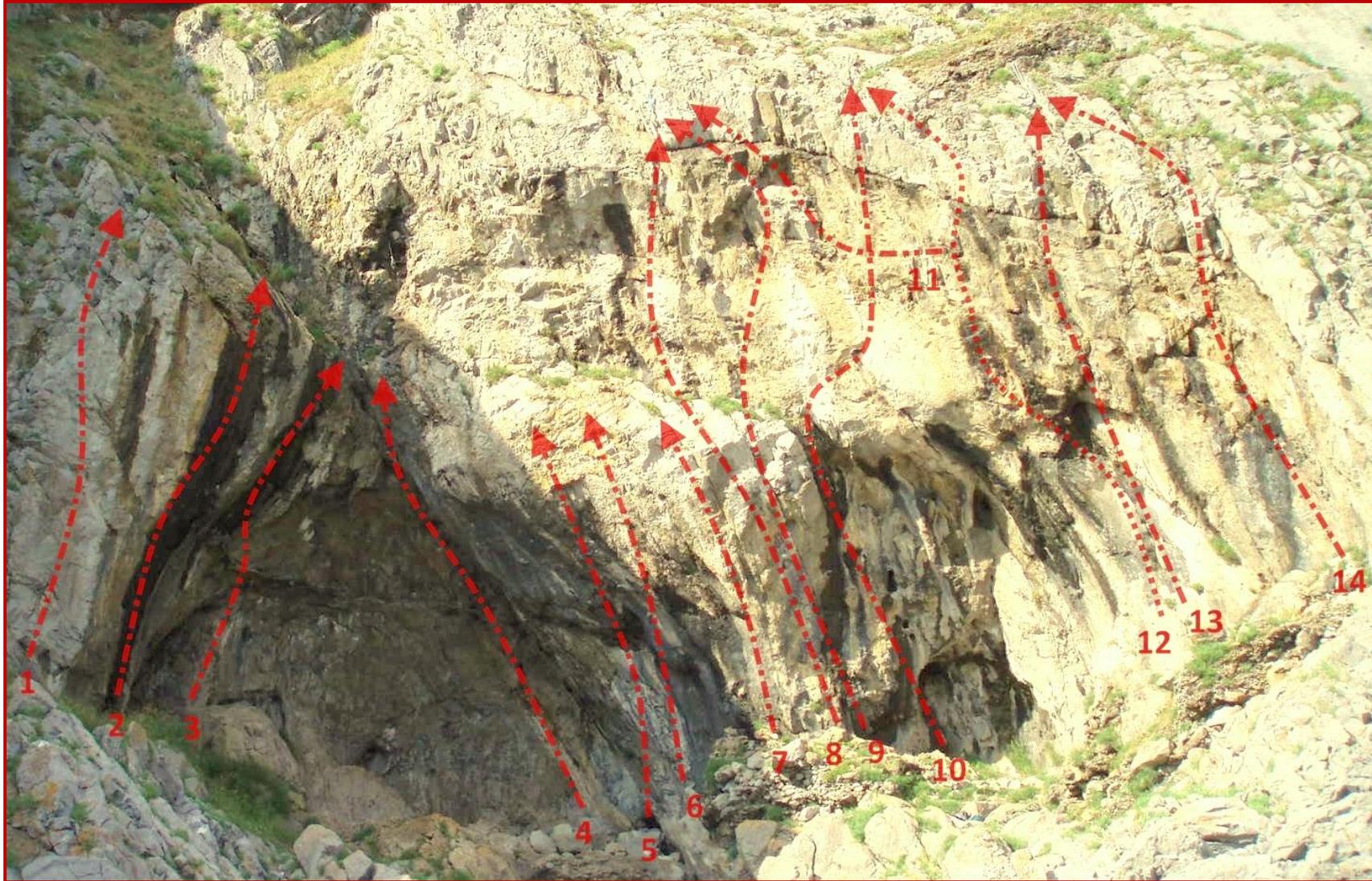
From the Southgate car park, looking out to sea, head right along the road as if heading for Three cliffs. After a few minutes walking (before reaching house No.8) bear left towards the headland. You can approach the crag walking down towards the sea on the right side of the bay. Walk along a vague path, bearing right around the headland dropping down into the base of the crag.

### THE ROUTES

- 1. Unholy Alliance 6a+** : The first route of the crag, now home of a spanking new lower off, and some new runner bolts. This can be climbed several different ways, resulting in a grade from 5+ to about 6b the further right you go. Rarely straight forward.
- 2. Connard Canard 7b** : Distinctly sequency, now with an added second big fat belay bolt for you to lower off.
- 3. Goose in Lucy 6c** : Start off the hump, and head up to the big shelf, work left and admire the new bolts before going up onto the head wall on a generally juggy affair. Brill!
- 4. Pioneers of the Hypnotic Groove 7b** : Follows the eye grabbing line towards the back of the cave. Head up to a shelf before blasting through this fantastic sequence, ability to bridge is beneficial.
- 5. 8a/8a+ ?**
- 6. Palace of Swords reversed 8a** : 'Nough said
- 7. Chicken Licken 6c+** : Now has a second bolt for the belay. Short and spicy. Lower off or carry on with one of the following....

## STUART LLEWELLYN

- 8. Foxy Lady 7a** : Start up the cracks to reach the slab, pull out over the bulge on small pockets, ignore the old peg and clip the new spangly bolt. Continue strenuously up layback flakes to belay.
- 9. The Hooker 6c+** : Start the same as previous route, to the slab pull over the bulge more directly up to big jugs. Make a hard move left to the same belay as Foxy Lady.
- 10. Joy De Viva 7a+** : Climb up to the small cave before reaching out right for crimp rail and make some big moves to good holds.
- 11. Turkey Lurking 7c** : A long route ending up on the lower off of Foxy Lady. Follow Power Struggle, past the crux to the good flake holds, hard moves left onto jugs with a final hard move.
- 12. Power Struggle 7b+** : Up into the cave, reach round left to sharp holds, big move up, then pull on generally good holds to belay (same as Joy De Viva).
- 13. Ducky Lucky 7a+** : Wonder up the crack line left to the small hole, gaze right and see a lovely shiny bolt making use of an old expansion bolt hole. At this point you'd normally clip both shoddy old bolts and hope for the best, but no more! Continue up the arête with a final effort to reach the belay.
- 14. The Day the Sky Fell In 6b+** : Referred to as 'the warm up route' but an enjoyable route in its own right. Utilise some undercuts and slots to gain a good side pull and launching up to a good hold. New bolt makes use of an old home of a rusting expansion bolt. Make a big move with some air potential. Pull through the roof and use same lower off as Ducky Lucky.



**DISCLAIMER**

Climbing is a dangerous activity and should only be undertaken by those with suitable experience. Whilst this document attempts to accurately record the routes at the crag, mistakes may have occurred in the descriptions and routes can change. Climbers should therefore make their own judgement of a route before attempting it. Climbers should also make their own judgement on the quality of in-situ equipment. Bolts and lower-offs may become stolen or damaged. All routes are climbed at your own risk.